# Planning your mentoring relationship

What makes mentoring relationships successful is having clear expectation from the start – both for when and how often you will communicate, and what you plan to achieve.

This document provides you with a framework to set out these expectations so mentees and mentors can mutually agree them at the start of the relationship.

This will help you:

1. Establish communication expectations
2. Identify goals for a mentoring relationship
3. Outline skills to be enriched/developed, and knew knowledge to be obtained through this partnership

We hope your mentoring relationship is successful!

[Access more tips and resources on our website](https://www.lmp.utoronto.ca/resources-mentors-and-mentees-lmp).

## How to get help

If you need assistance or support, contact:

* For the graduate peer-to-peer program: [clampslmp@gmail.com](mailto:clampslmp@gmail.com)
* For the alumni-graduate program: [lmp.grad@utoronto.ca](mailto:lmp.grad@utoronto.ca)

## Mentorship meeting plan/schedule

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| --- | --- | --- | --- |
| Mentorship Meeting Schedule (Dates) | Format (Zoom, in person) | Goals/skills to be discussed | Plans to develop skills/obtain goals (i.e. workshops, seminars, studies, meetings, trainings, etc) |
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## Goals and milestones

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| Goal/skill development | Action Plan | Timeline – Dates for Action Plan Steps | Completed? (Yes/no) |
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